

Health Resilience Zones

Goal of Health Resilience Zones

Putting better health, community development, and economic well-being in reach for all

Why Health Resilience Matters

Data show that nearby zip codes, or even adjacent neighborhoods, can often have striking differences in health outcomes. It's not just access to medical care that causes health disparities.

First, we must shift our investments to the place where health happens the most: our communities.



Research tells us that healthy communities have adequate transportation; employment opportunities; clean, safe, and affordable housing; parks and open space; access to fresh, healthy food; a high-quality education system; and safe streets. These offer the best return on investment in health: places where people want to live, work, learn, and play.

How the CHIR can pilot Health Resilience Zones



Why CHIRs Need Health Resilience Zones

80% of our health is determined outside the doctor's office and inside our homes, schools, jobs, and neighborhoods.

CHIRs are mandated to achieve population health improvement by addressing these upstream social determinants of health.

Health equity recognizes the differing community needs, investing in the specific resources each community needs to give everyone a fair chance at good health.